



**KLINIK FÜR  
— INNERE MEDIZIN I —**  
Hämatologie, Onkologie und  
Stammzelltransplantation

# **Versorgungsforschung beim Multiplen Myelom (MM): Beispielhafte Projekte und Ergebnisse**

**Prof. Dr. Monika Engelhardt**

Klinik für Innere Medizin I,  
Hämatologie, Onkologie und Stammzelltransplantation

# Topics

1. Introduction + performance Hem/Onc + CCR-group Freiburg
2. Risk factor analyses in MM and future projects
3. Conditional survival analysis in MM
4. Additional/secondary malignancies in MM
5. CCCF tumorboard analyses in MM
6. CTx error avoidance system Med 1/Hem/Onc

## Patient-#, in- and outpts, CTx-#, SCTs 2008 - 2013

Patients	2008	2009	2010	2011	2012	2013
DRG-cases in-pts (n)	3975	3848	3957	2594***	2224***	<b>2436***</b>
Average utilization, in-pts (%)	86	85	86	89	87	<b>90</b>
Chemotherapies	23700	23037/ 20524*	24400/ 20270*	25958/ 21946*	26394/ 22528*	<b>27842</b> <b>22369*</b>
Patients [teilstat. (d)]	5811	5133	5040	6250	6474	<b>6850</b>
Out-pt-visits	16198	17101	18430	19385	20960	<b>17819♦</b>
Out-pt-visits, plus Romberg + Naunyn (n)	25323	26621	27714	29189	29493	<b>26163</b>
SCTs, entire n	209	196	212	198	206	<b>239</b>
- autologous	96	103	103	107	110	<b>144</b>
- allogeneic	113	94	109	91	96	<b>95</b>

\*\*\*w/o admission ward (NA/Aufnahmestation)

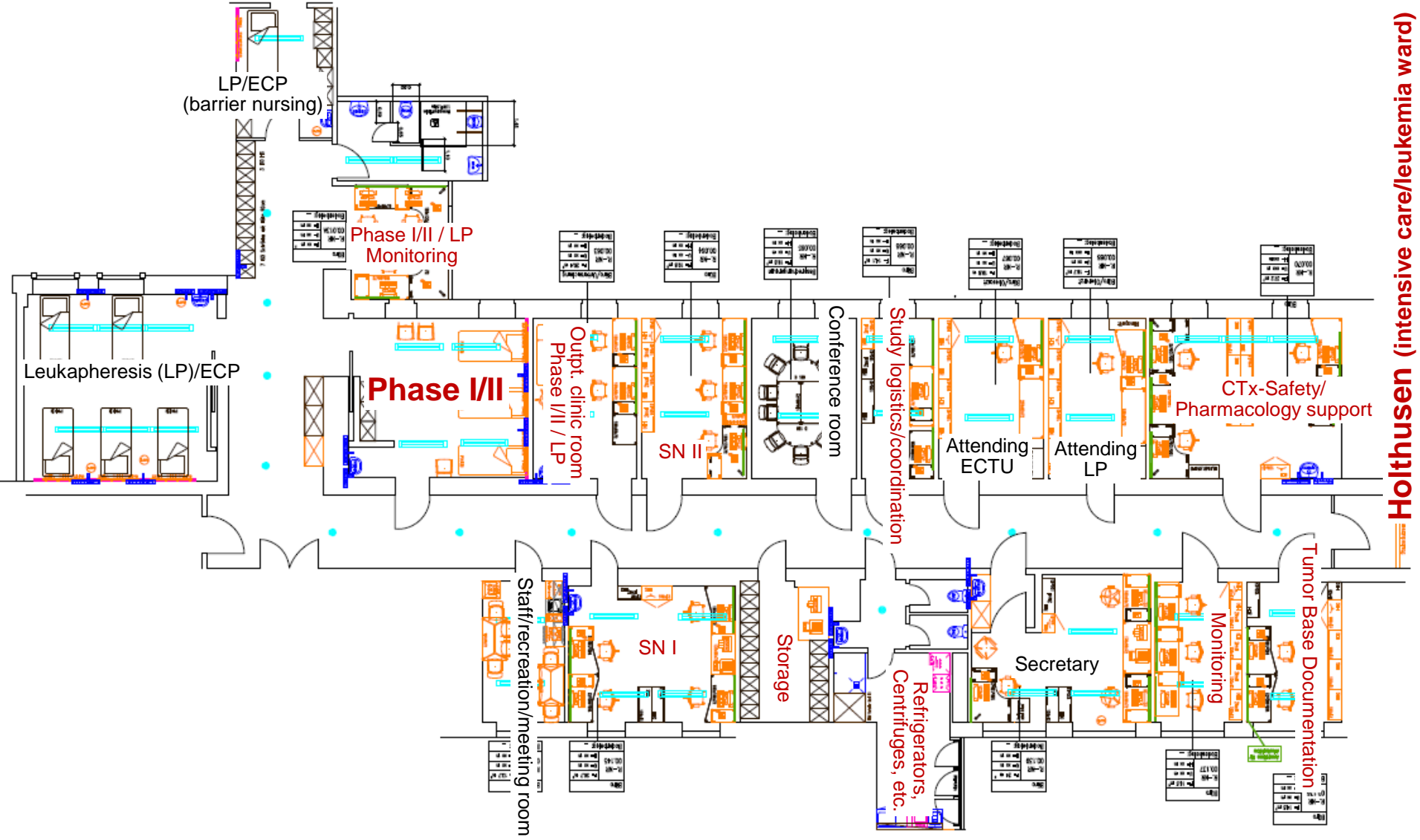
\* exclusively iv-chemotherapies

♦without twice daily check-ups: out-pt- + treatment care



# Section plan

## Early Clinical Trial Unit, Leukapheresis + Clinical Cancer Research Group



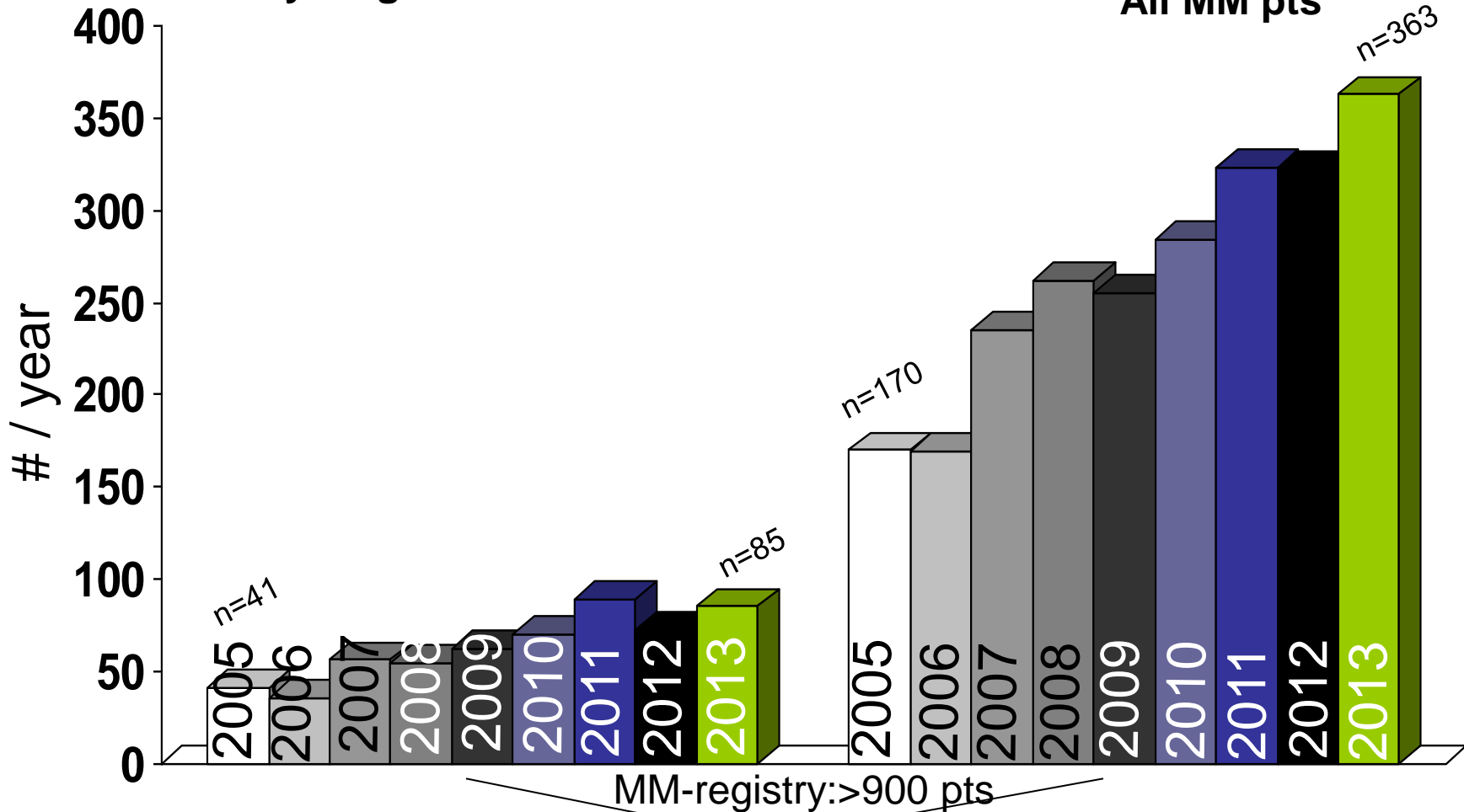
# Solid tumor + hematology pt-#: initial diagnosis and entire pt-

Tumor entities	Initial contacts /diagnosis pt- #s 2013	Entire pt cohort (in- + outpatients)
<b>ST</b>		
GI (ZGT)	388	570
Lung-, H&N (ZTT)	300	804
Gyn / urology tumors	245	460
Bone / sarcoma pts	86	202
CUP, 2.tumors (SPM)	42	1702
ZNS-,endocrine- tumors	28	102
In situ carcinomas	27	363
<b>Σ</b>	<b>1126</b>	<b>4203</b>
<b>HM</b>		
NHL	209	567
MM / CLL / HL	85 / 43 / 26	363 / 108 / 70
MDS / AML, ALL, other leukemias	65 / 89	84 / 257
MPN	66	90
<b>Σ</b>	<b>583</b>	<b>1539</b>
<b>Σ ST + HM</b>	<b>1709</b>	<b>5742</b>

# # of MM-pts UKF Med I, 2005 - 2013

newly diagnosed / first visit

All MM pts



MM-outpatient clinic + Studienambulanz, **MM-conference**  
 MM-specific meetings, educationals, patients/relatives 'days'

# Topics

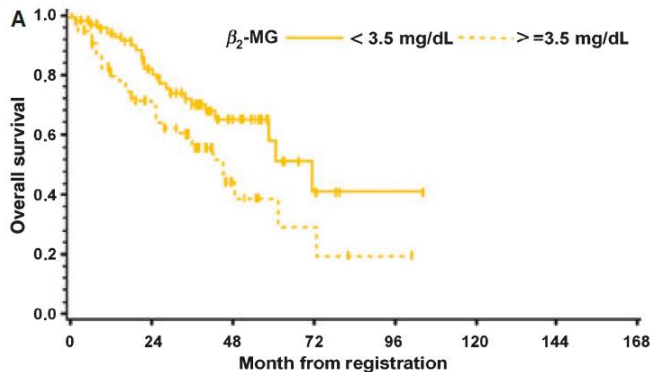
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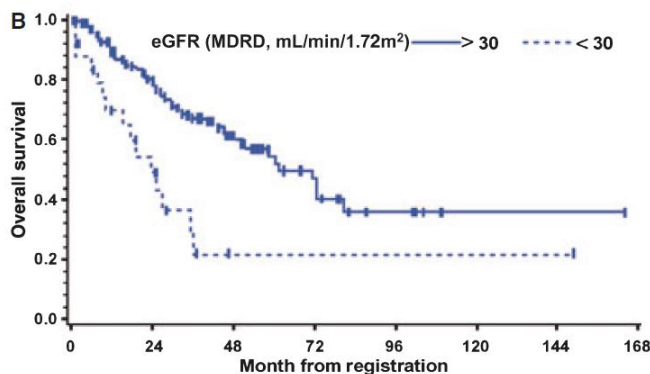
# $\beta_2$ -MG and renal function as defined risk factors in MM

n=198 consecutive MM pts treated in Med 1 1997 and 2003

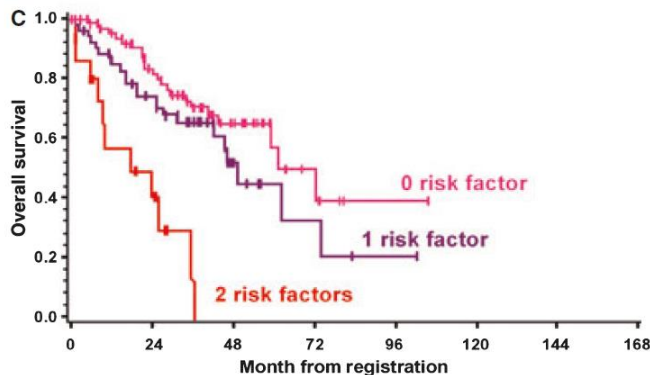
Development of a **MM-specific  $\beta_2$ -MG + eGFR - risk score**



$\beta_2$ -MG



e-GFR

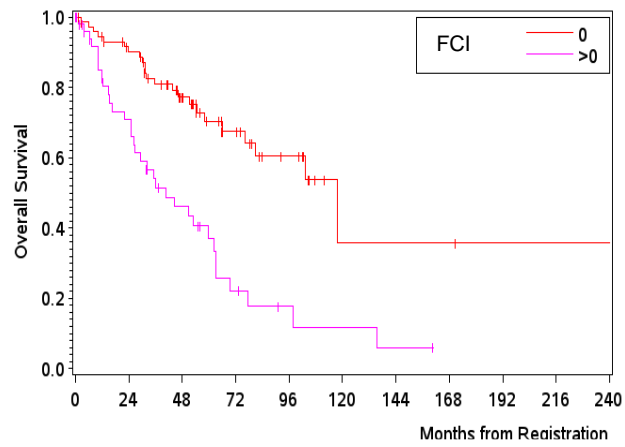
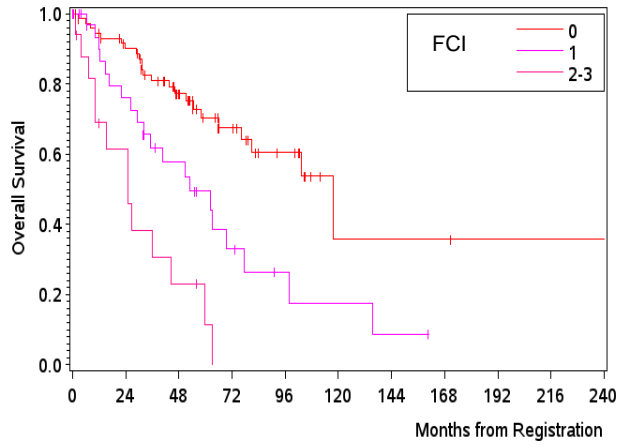


$\beta_2$ -MG+e-GFR

# Development of the Freiburg Comorbidity Index (iFCI)

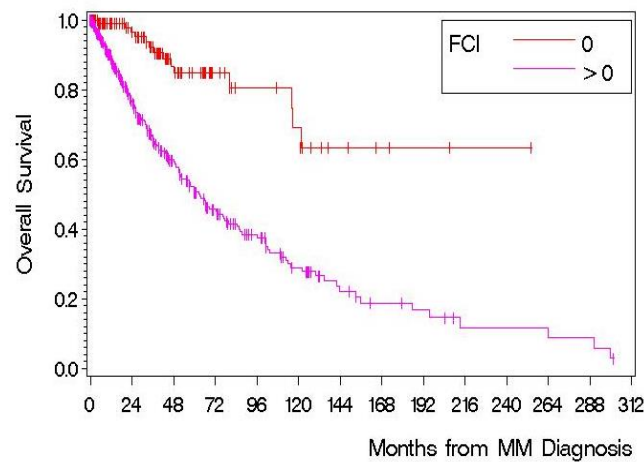
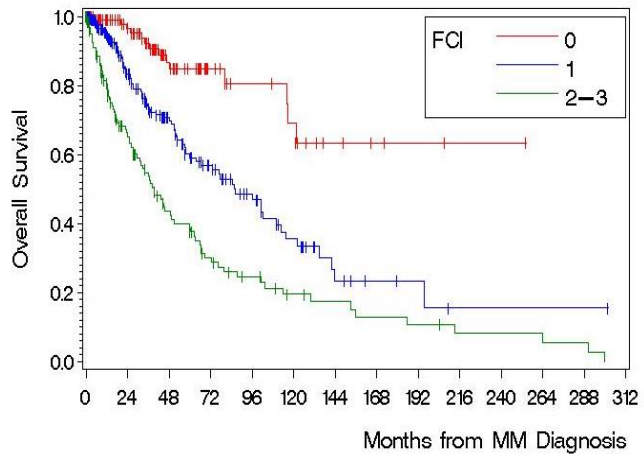
## Test analysis (n=127)

FCI = Freiburg comorbidity index: eGFR≤30ml/min, moderate-severe lung disease, KPS≤70%



Kleber M, ...Engelhardt M. Blood Cancer Journal 2011

## Validation analysis (n=466)



Kleber M, ...Engelhardt M. Clin Lymphoma Myeloma Leuk 2013

# Development of a MM-specific risk score: Freiburg Comorbidity Index (FCI)



## Initial FCI (iFCI)

- eGFR<30
- mod.-sev. lung disease
- KPS≤70%

- Initial analysis (n=127)<sup>1</sup>
- Validation analysis (n=466)<sup>2</sup>

## Revised FCI (rFCI)

- Combined **training-** and **validation analysis** to improve the iFCI (n=803)<sup>3</sup>

## Prospective validation of the rFCI

- **Uni-** and **multicenter analysis**<sup>4,5</sup>

<sup>1</sup>Kleber M, ...Engelhardt M. Clin Lymphoma, Myeloma Leuk, 2013

<sup>2</sup>Kleber M, ...Engelhardt M. Blood Cancer Journal, 2011

<sup>3</sup>Domm A., Kleber M.,..... Wäsch R, Engelhardt M. Onkologie Suppl 7: 164, 2013

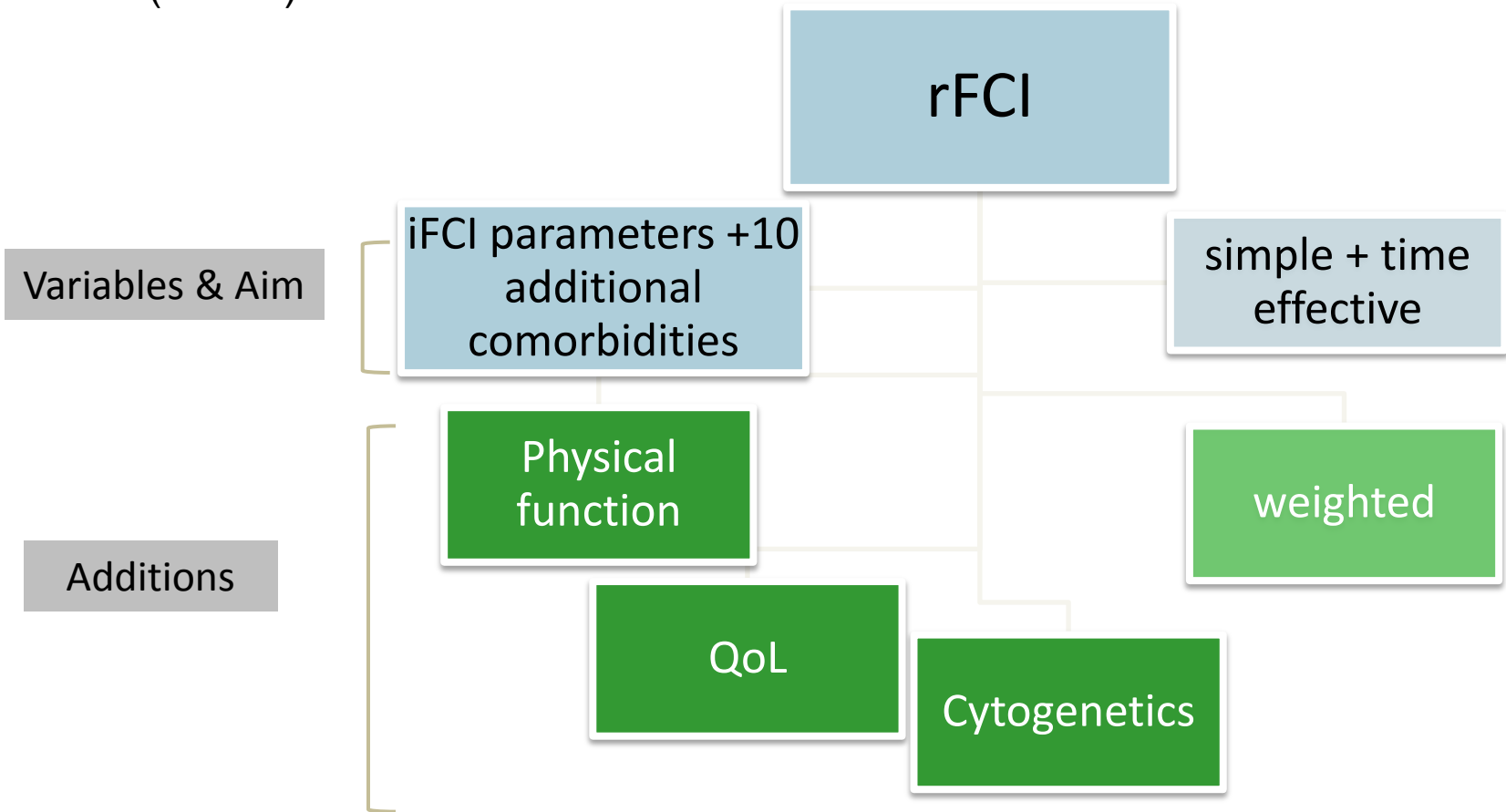
<sup>4</sup>Engelhardt M, Terpos E., Kleber M. et al. Haematologica 2014

<sup>5</sup>DKH grant proposal 2014

# Improvement and requirements of the rFCI

## Methods:

- Comorbidity assessment in 803 consecutive MM pts, 1997-2013, analyzing 3 iFCI risk factors and 10 additional comorbidities, QoL and cytogenetics
- Revision of the iFCI: complete data set, divided into training- (n=552) + validation set (n=249)



# rFCI variables based on backward selection

	Comorbidity	Definition	n	log (HR)	2.5%	97.5 %	HR	2.5%	97.5 %	p-value	Weight
Risk factors of the initial FCI	<b>Lung disease</b>	No/ Mild	404	0	-	-	1	-	-	<b>&lt;0.001</b>	0
		Moderate/ severe	147	0.27	-0.02	0.56	1.32	0.98	1.76		3
	<b>eGFR</b>	≥ 90	184	0	-	-	1	-	-	<b>&lt;0.001</b>	0
		60 to < 90	192	0.16	-0.14	0.46	1.18	0.87	1.59		2
		< 60	175	0.59	0.27	0.91	1.80	1.31	2.48		6
	<b>KPS</b>	100%	35	0	-	-	1	-	-	<b>&lt; 0.001</b>	0
		80-90%	207	0.81	0.08	1.55	2.25	1.08	4.69		8
		≤ 70%	309	1.16	0.43	1.89	3.19	1.54	6.59		12
	New risk factors	<b>Age (years)</b>	≤60	225	0	-	-	1	-	-	<b>&lt; 0.001</b>
>60 to ≤70			184	0.40	0.10	0.69	1.49	1.11	1.99	4	
>70			142	0.80	0.48	1.13	2.24	1.61	3.10	8	
<b>Frailty</b>		No/mild	321	0	-	-	1	-	-	<b>0.002</b>	0
		Moderate	141	0.36	0.08	0.64	1.44	1.08	1.90		4
		Severe	90	0.62	0.25	0.99	1.85	1.28	2.68		6
<b>Cytogenetics*</b>		Favourable								<b>0.010</b>	0
	Unfavourable								4		
	Missing								2		

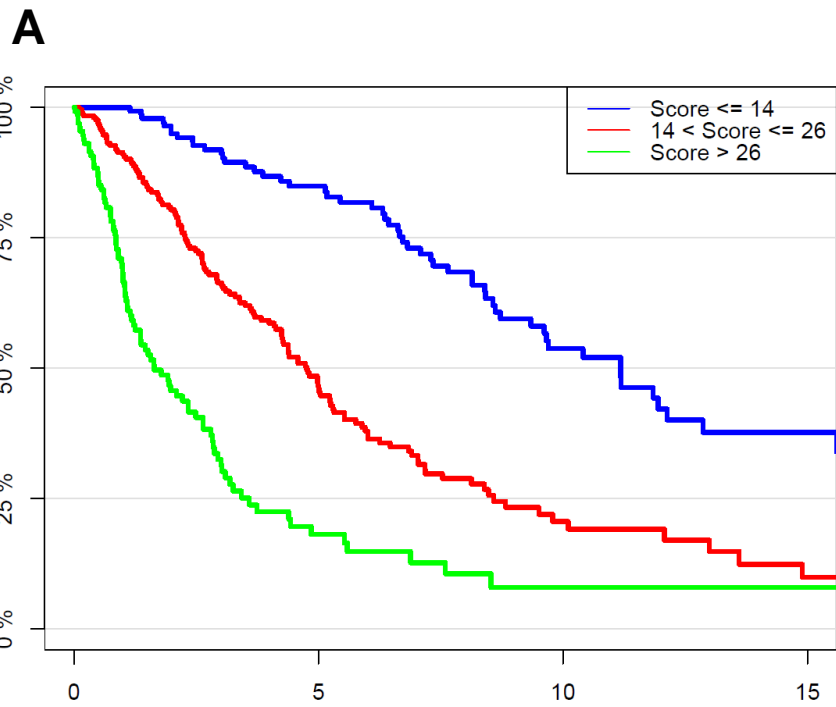
\*Favourable: hyperdiploidy, t(11;14), NK

Unfavourable: del17p, t(4;14), t(14;16), hypodiploidy, 1q gain, del13q, c-myc

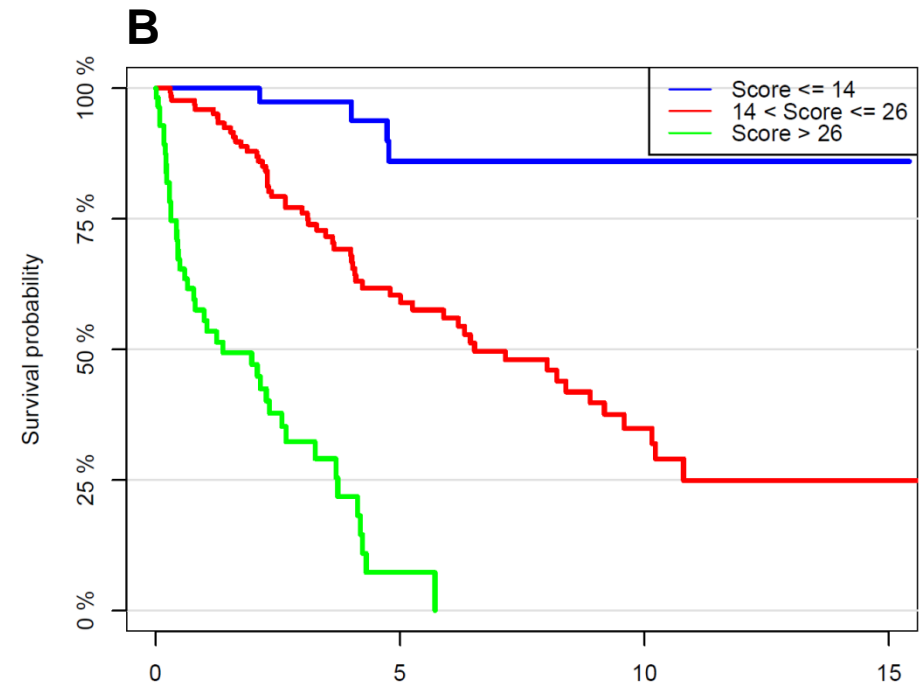
**max.39**

# Survival via rFCI:

## A. training (552 pts) vs. B. validation set (249 pts)



Time in years											
159	138	113	88	78	60	45	31	20	15	12	
259	182	125	85	50	32	18	12	9	7	4	
134	56	28	13	9	6	3	1	1	1	1	



Time in years											
61	47	33	25	17	12	8	6	2	1	1	
132	102	73	47	36	27	19	7	4	4	3	
56	24	11	2	0	0	0	0	0	0	0	

# Future goals and projects

Step 1

rFCI: prospective validation

↓

**Uni- and multicenter analyses (5 university centers):**

1. UK-Freiburg
2. UK-Würzburg (Prof. Einsele/PD Dr. Knop)
3. UK-Ulm (Dr. Langer)
4. UK-Jena (Prof. Hochhaus/Dr. Mügge)
5. UK-Leipzig (Prof. Dr. Niederwieser/Dr. Pönisch)

Step 2

Prospective geriatric assessment\* combined with rFCI

↓

Analyses of:

- a) treatment toxicity
- b) treatment discontinuation
- c) AEs
- d) early death
- e) response
- f) outcome (PFS/OS)

\*IADL, "Timed Up and Go"-test, malnutrition, pain assessment, physicians' and patients' rating of fitness. SF-12 quality of life assessment, GDS, G8 Screening tool, fTRST

(submitted 1/14)

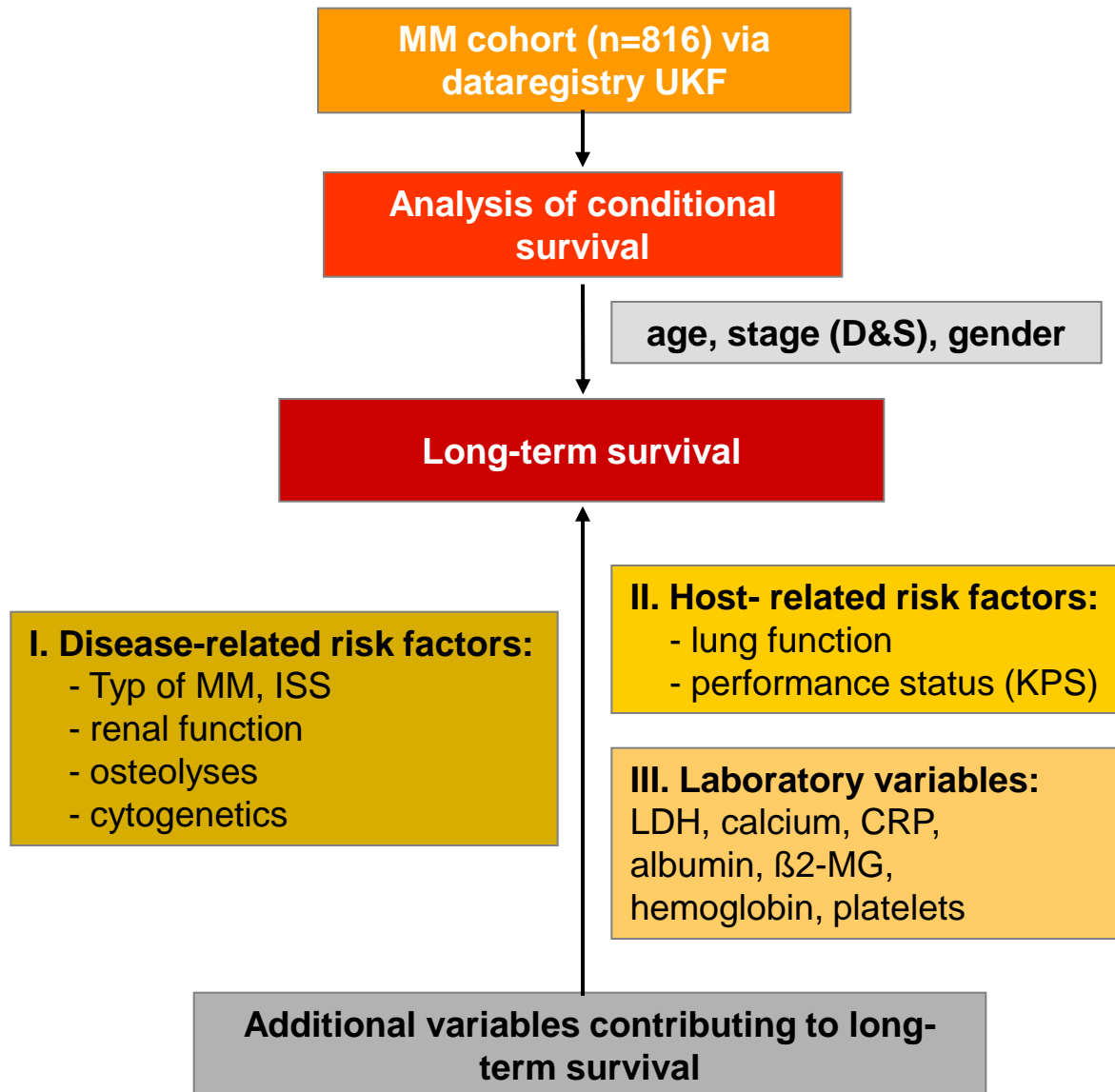


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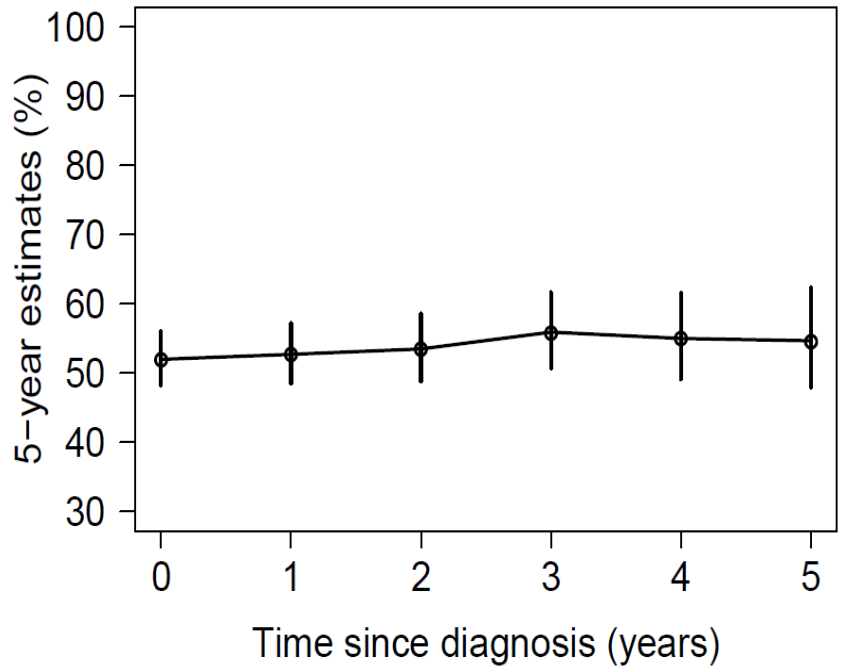


# Investigation of conditional survival risks contributing to long-term survival in MM: Methods

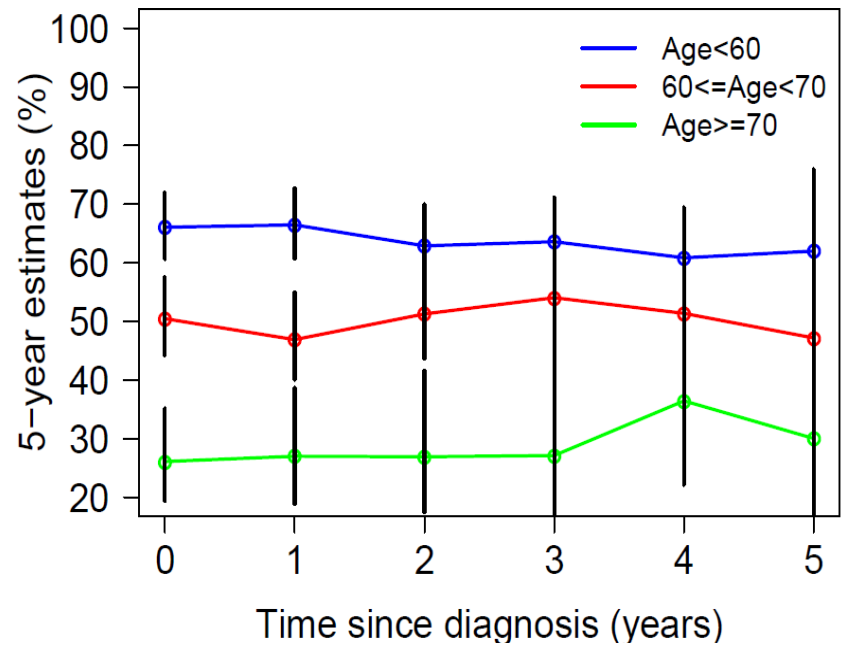


# CS in all MM pts and in different age groups (n=816)

1 - 5-yr conditional survival estimates (95% CI)



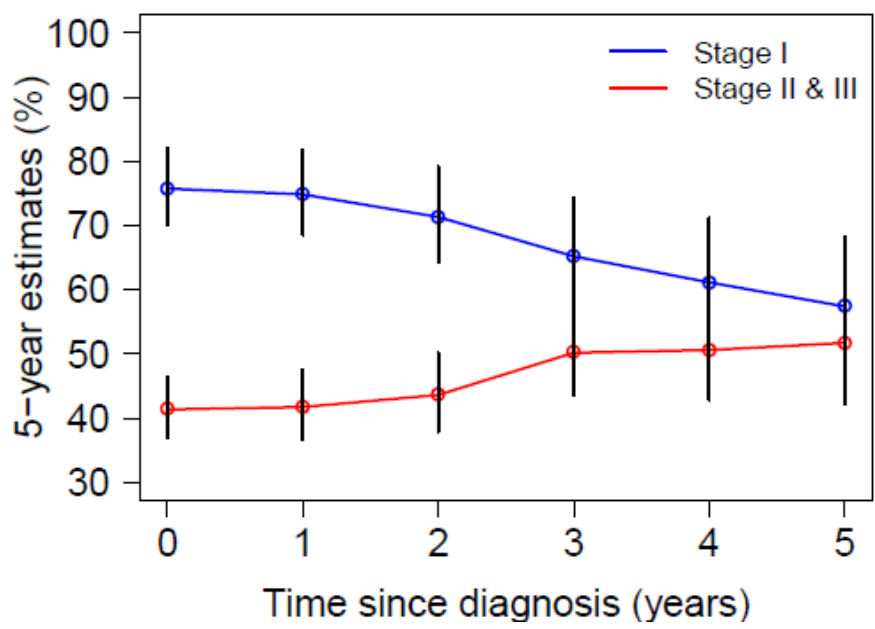
Conditional survival stratified in different age cut-offs



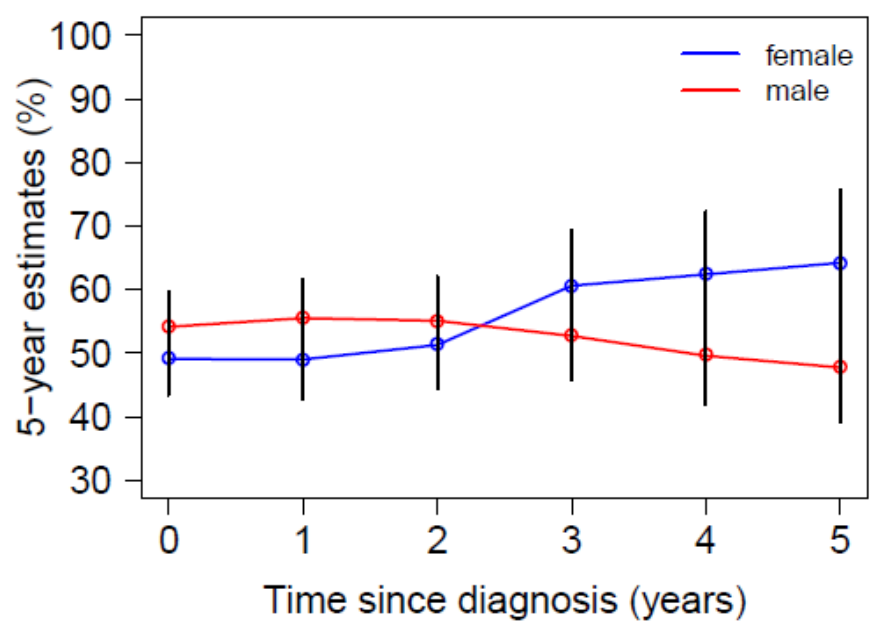
- The 5y-CS probabilities remain almost constant (~53%)
- Age subgroups **<60, 60-70 and >70-years** show substantially different 5y-CS-estimates, but remain constant (60y: ~63%, 60-70y: 51%, >70y: 27%)

# CS 5-years estimates stratified by stage and gender at diagnosis (n=816)

CS stratified by D&S stage I vs. II-III



CS 1-5ys after diagnosis in male vs. female

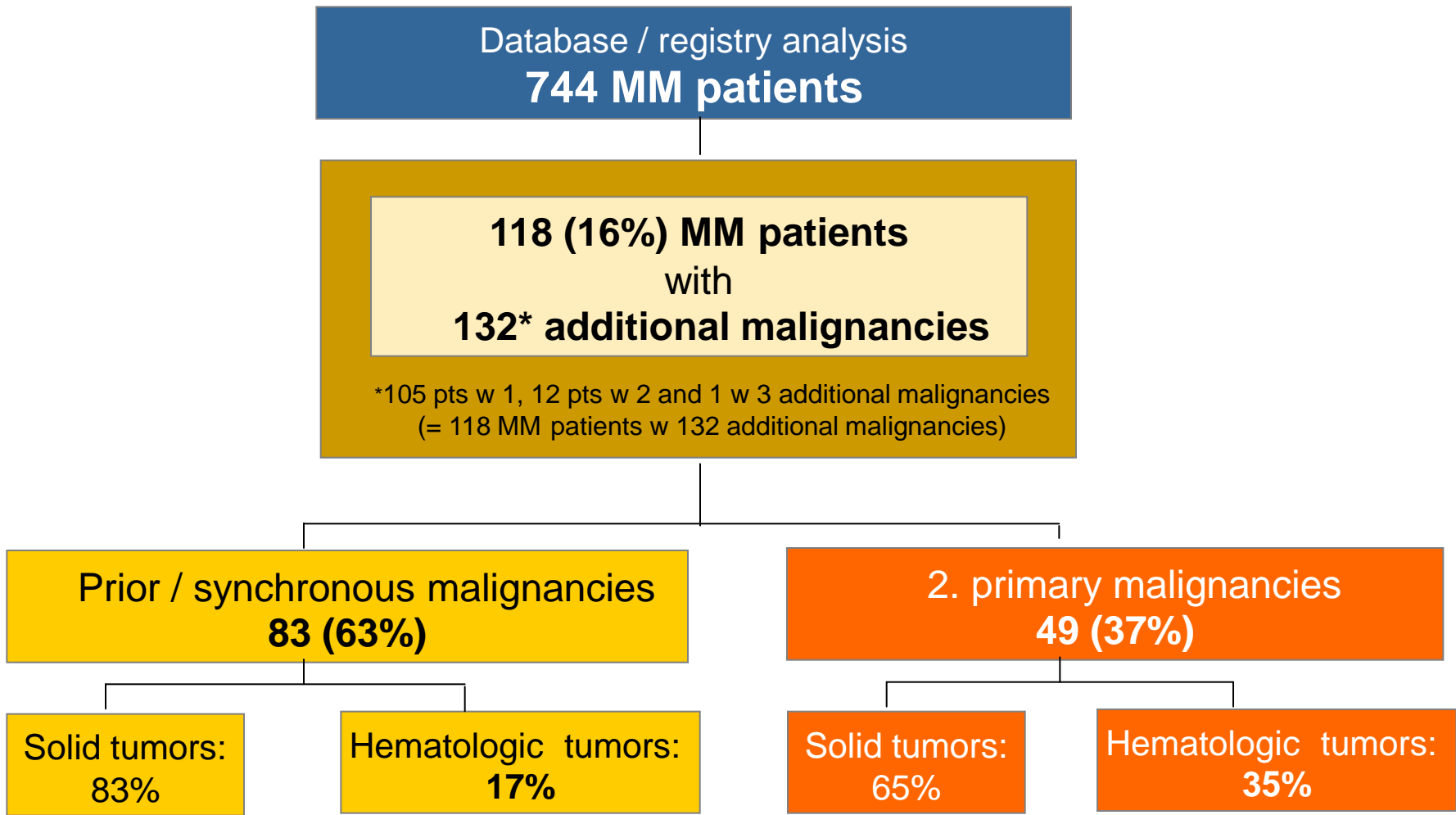


→ advanced disease stage by Durie&Salmon effected CS, gender did not

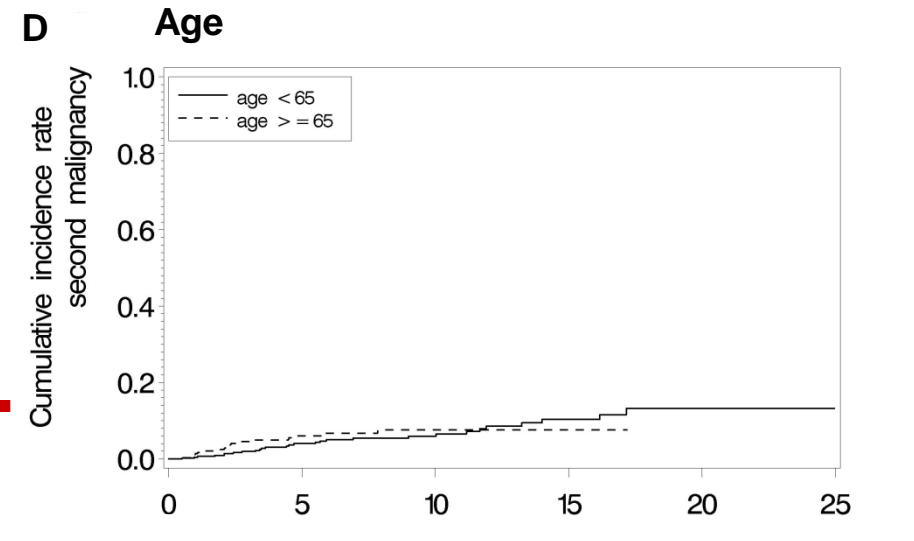
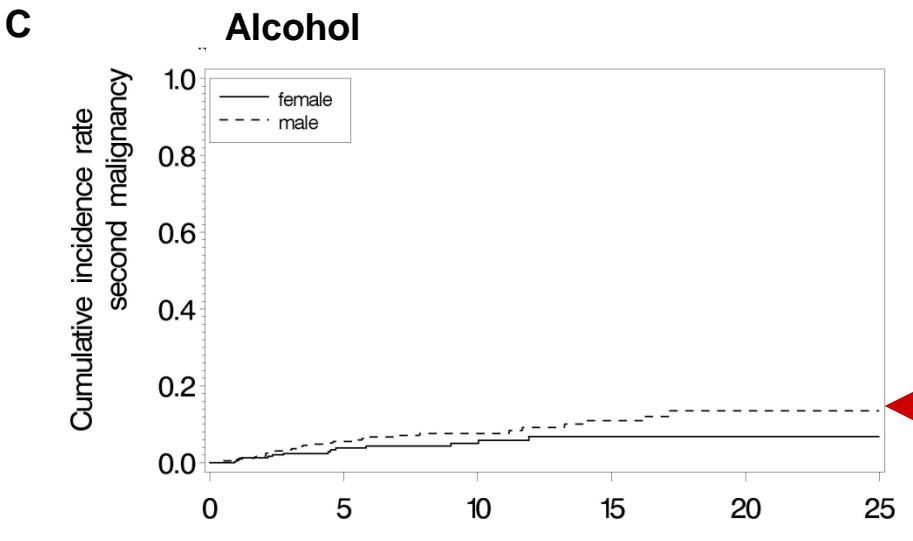
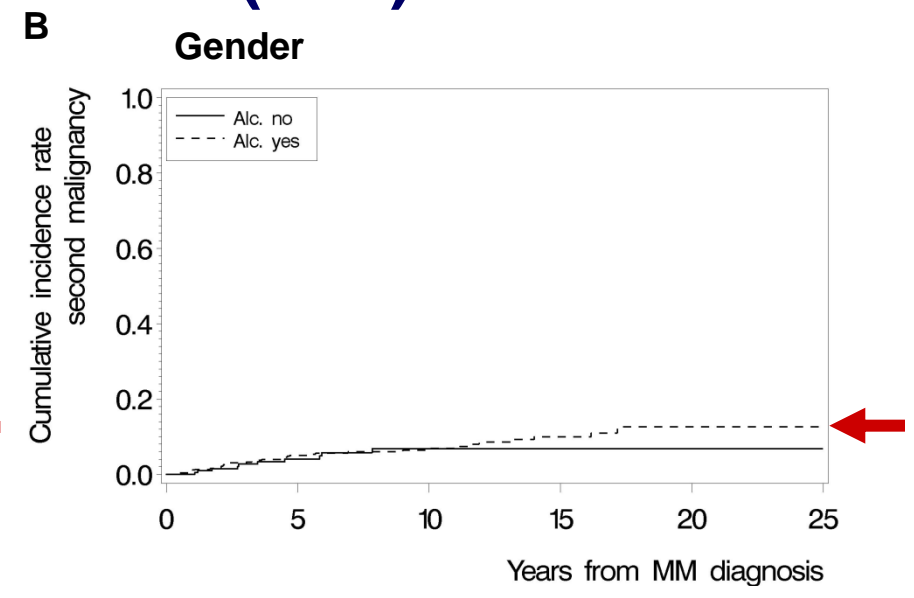
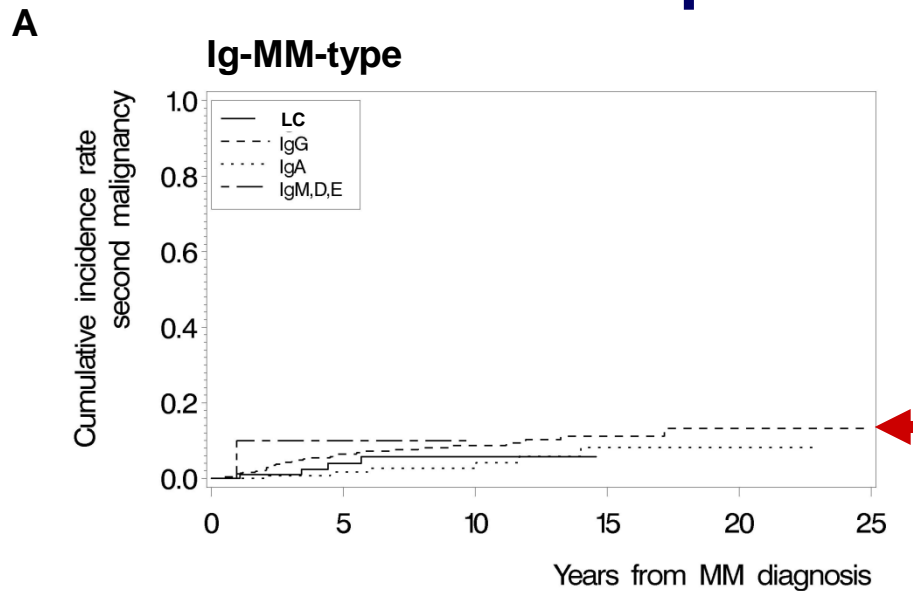
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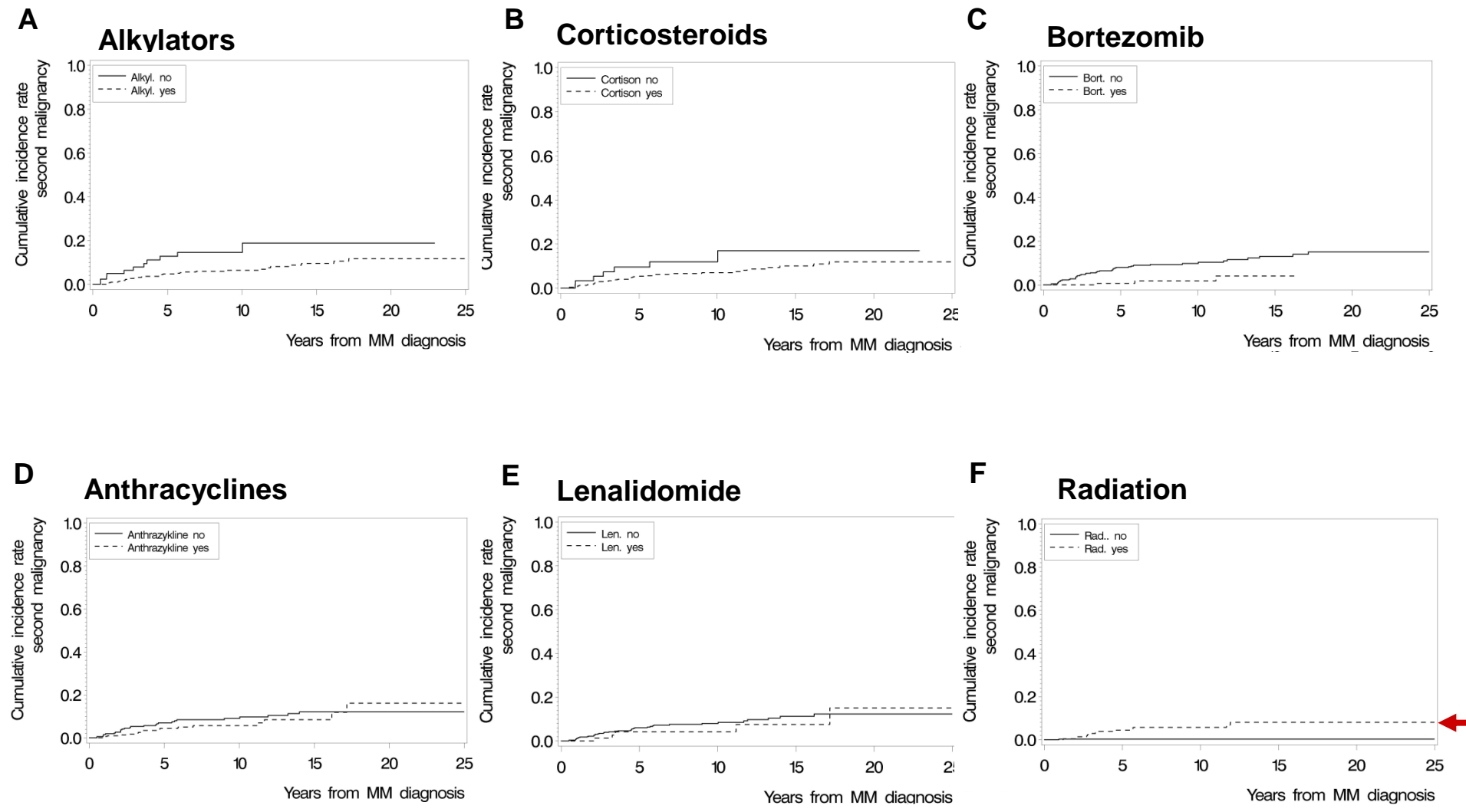
# Incidence and onset of additional malignancies



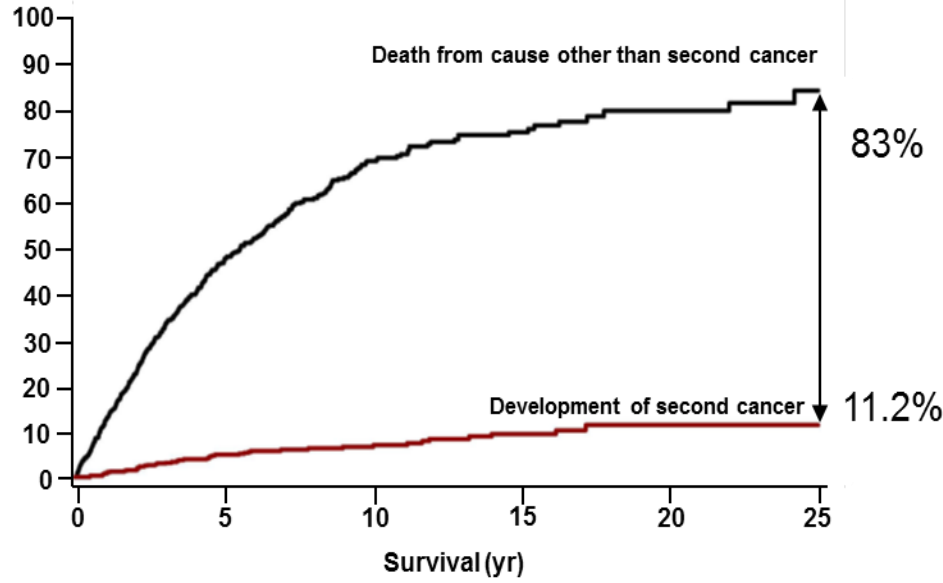
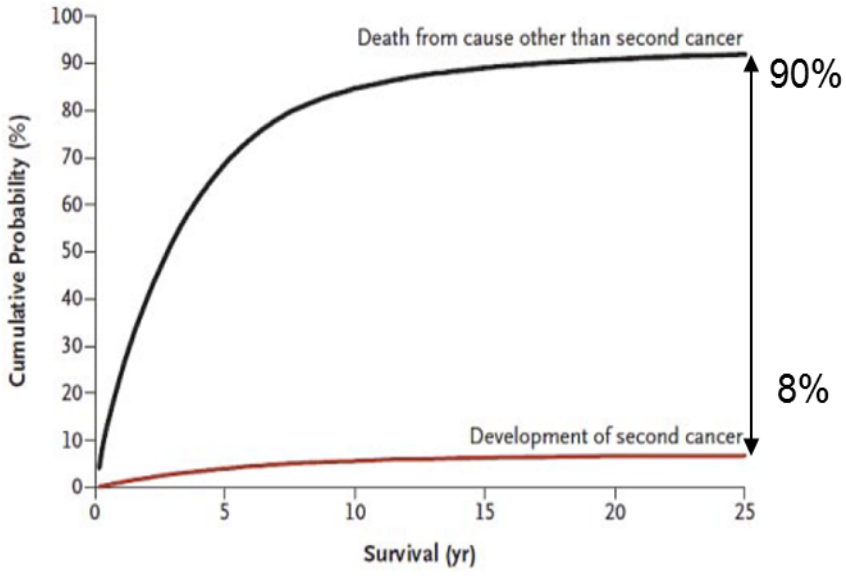
# CI for developing 2. malignancies for disease- (A) and host-specific factors (B-D)



# CI for developing 2. malignancies for various therapies

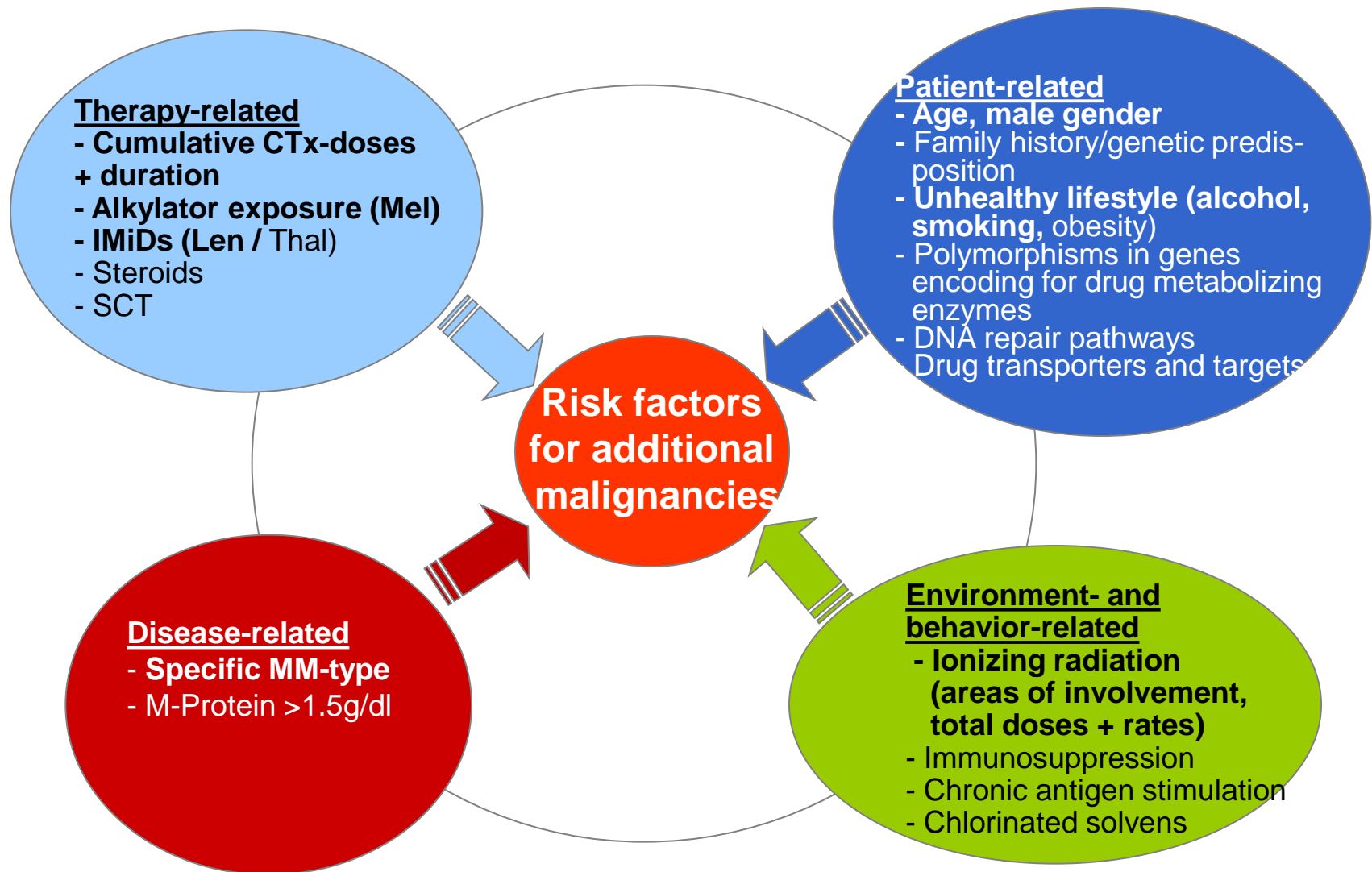


# CI of developing 2. malignancies and of death from other causes than 2. cancer in MM





# Risk factors of additional malignancies in MM

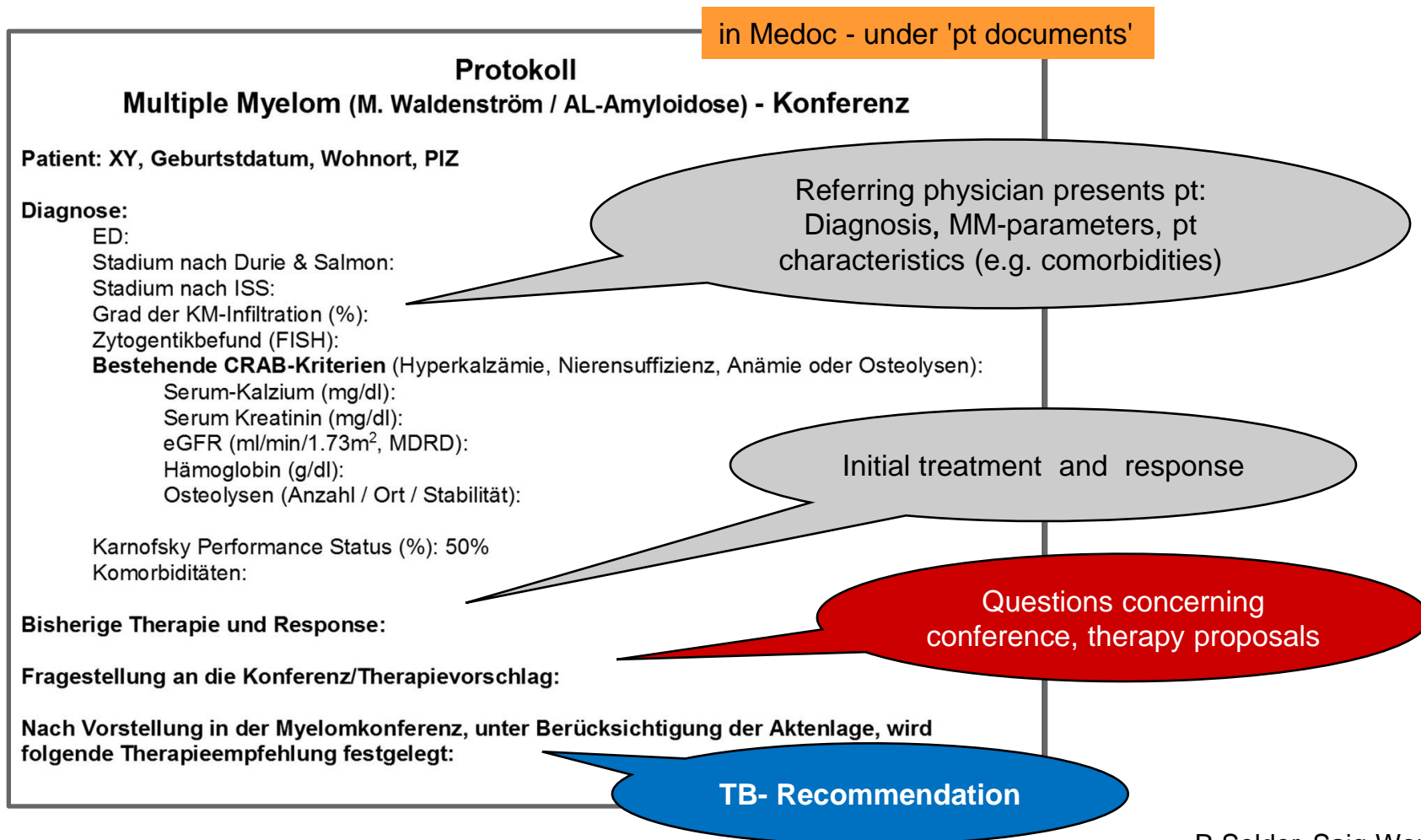


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# Procedures within MM-Tumorboard

- Initiated 6/2012
- Physicians and referring oncologists present and discuss difficult-to-treat MM patients.
- Weekly interdisciplinary conference (hem/onc, orthopedics, pathology, radiation therapy, cytogenetic specialists/pathology, etc.)
- Shared goal of providing best possible patient care



# Preliminary MM tumor board results

Table 1. # of pts presented at TB

Month / Year	# pts in MM- conference
<b>2012</b>	
1 June	16
2 July	24
3 August	11
4 September	8
5 October	19
6 November	18
7 December	16
<b>Overall 2012</b>	<b>112 ( : 7 = 16 → 4/week)</b>
<b>2013</b>	
1 January	29
2 February	37
3 March	26
4 April	17
5 May	20
6 June	13
7 July	27
8 August	12
9 September	25
10 October	19
11 November	18
12 December	15
<b>Overall 2013</b>	<b>258 ( : 12 = 22 → 6/week)</b>
<b>Overall 2012 + 2013</b>	<b>370</b>

Fig. 1. Increase of assessed MM-pts within TB: 2011 vs. 2012/13

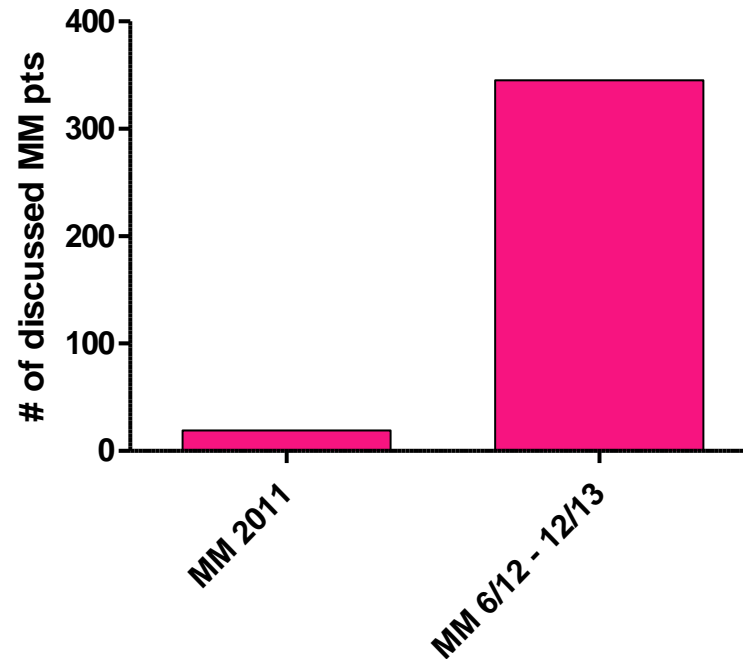


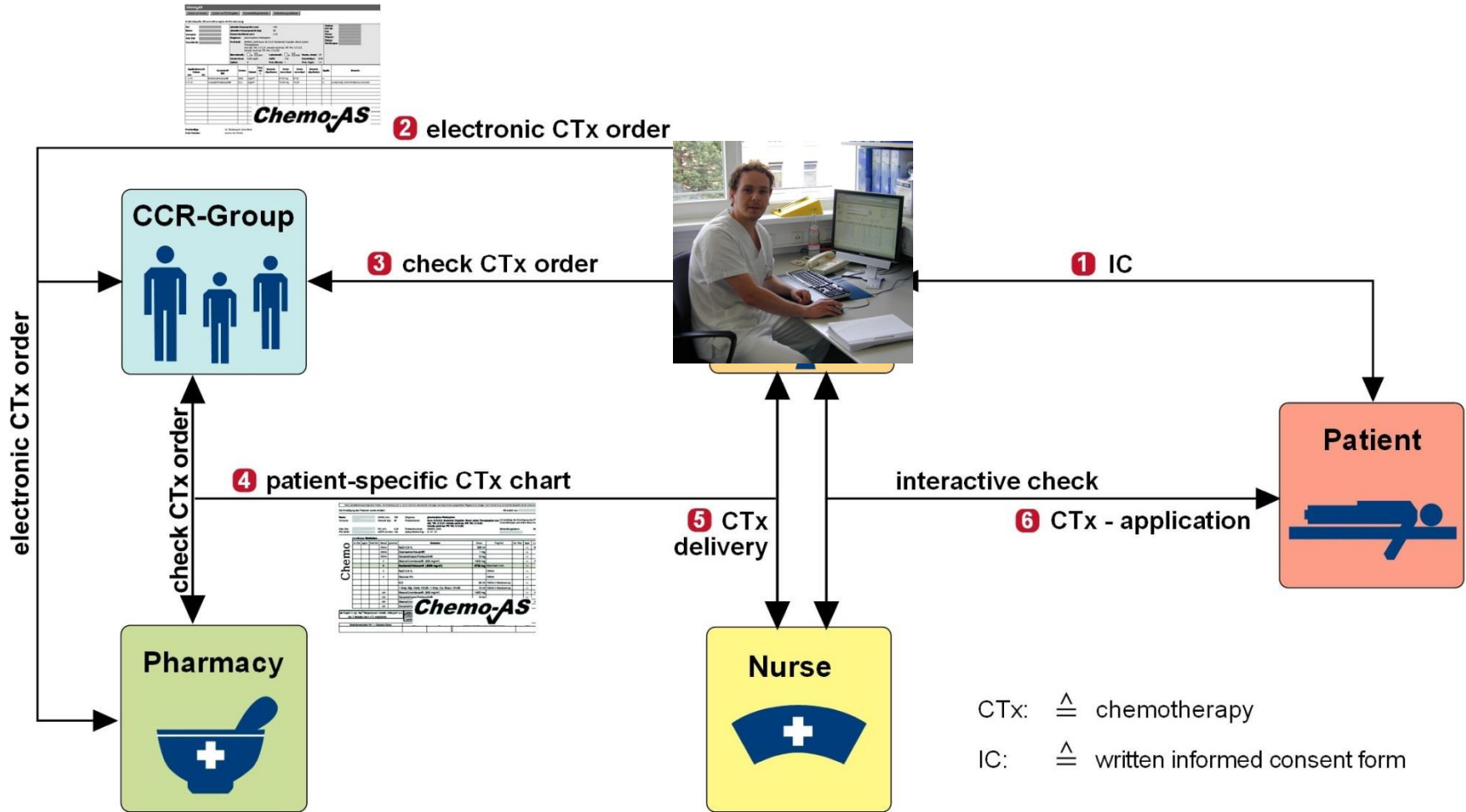
Table 2. Coverage of pts presented in MM-TB of entire cohort

	# of all MM pts (12 ms)	# of all MM pts (7 ms)	# of pts discussed in MM-TB	Coverage
<b>6 - 12 /2012</b>	322	188	112	112/188 → <b>65%</b>
<b>1 - 12 /2013</b>	363	363 (12 ms)	258	258/363 → <b>71,1%</b>
→ Increase of presentation rate 2012 → 2013: <b>10%</b>				

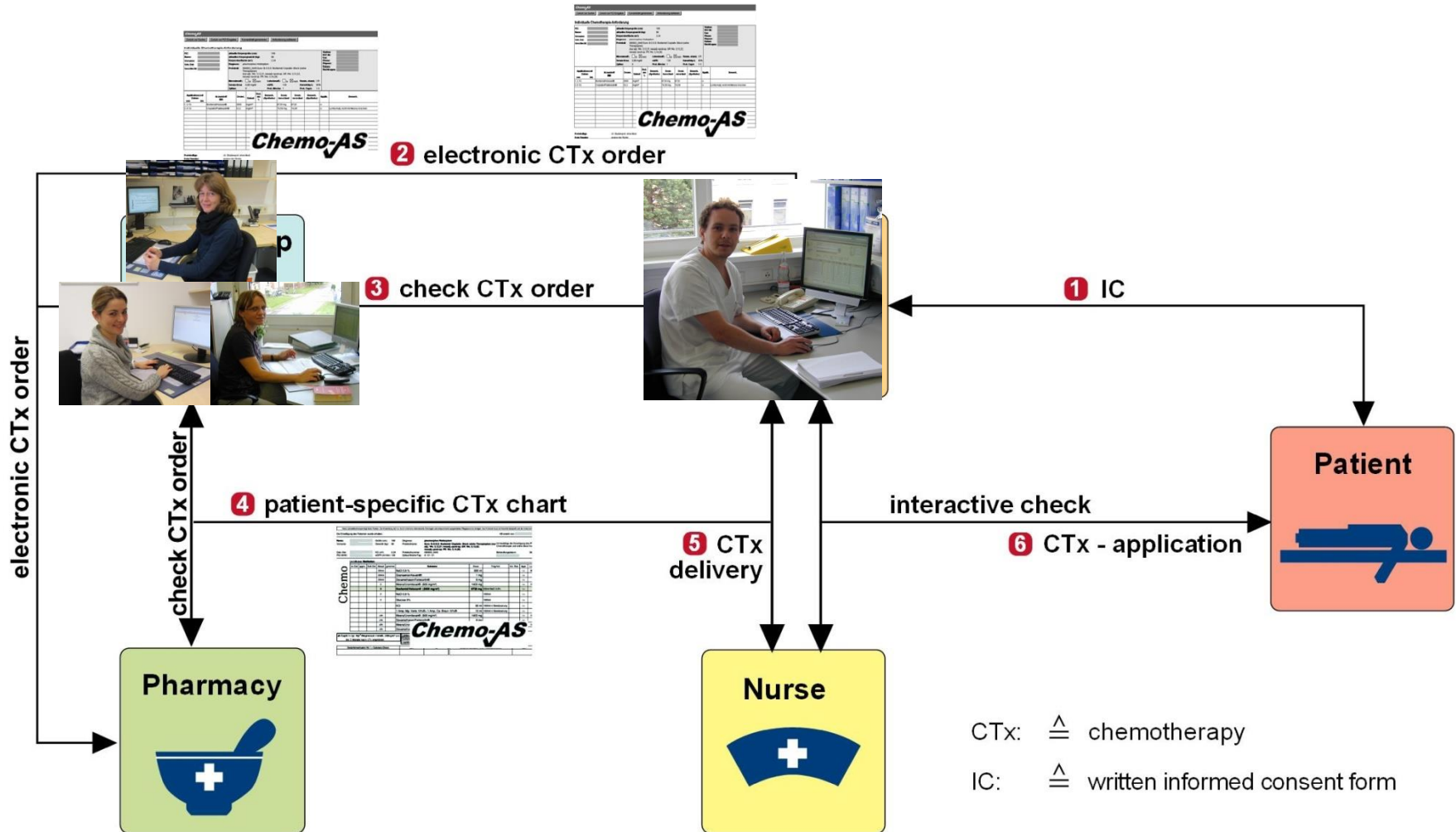
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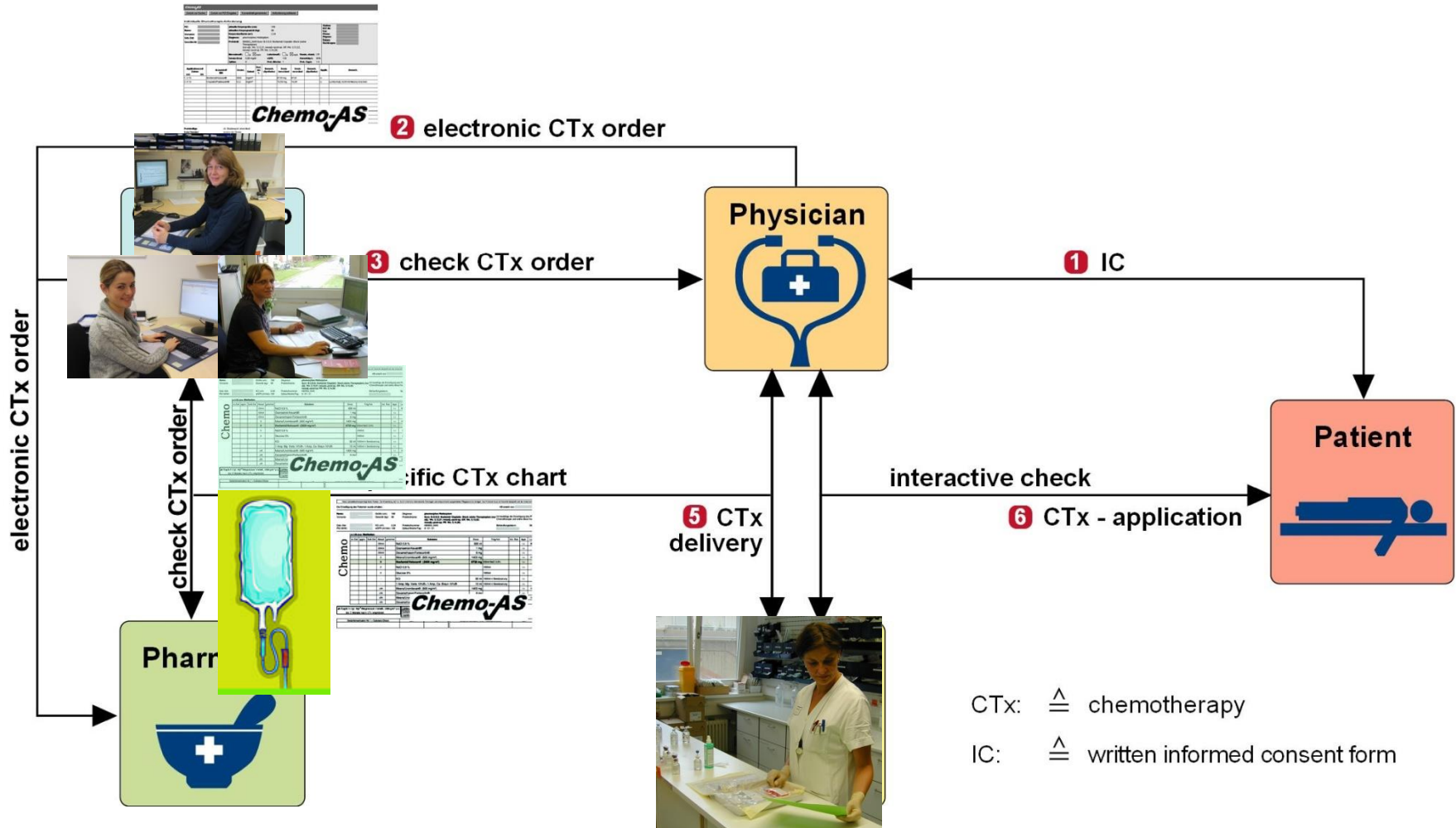
# CTx ordering/monitoring via Chemo-AS



# CTx ordering/monitoring via Chemo-AS

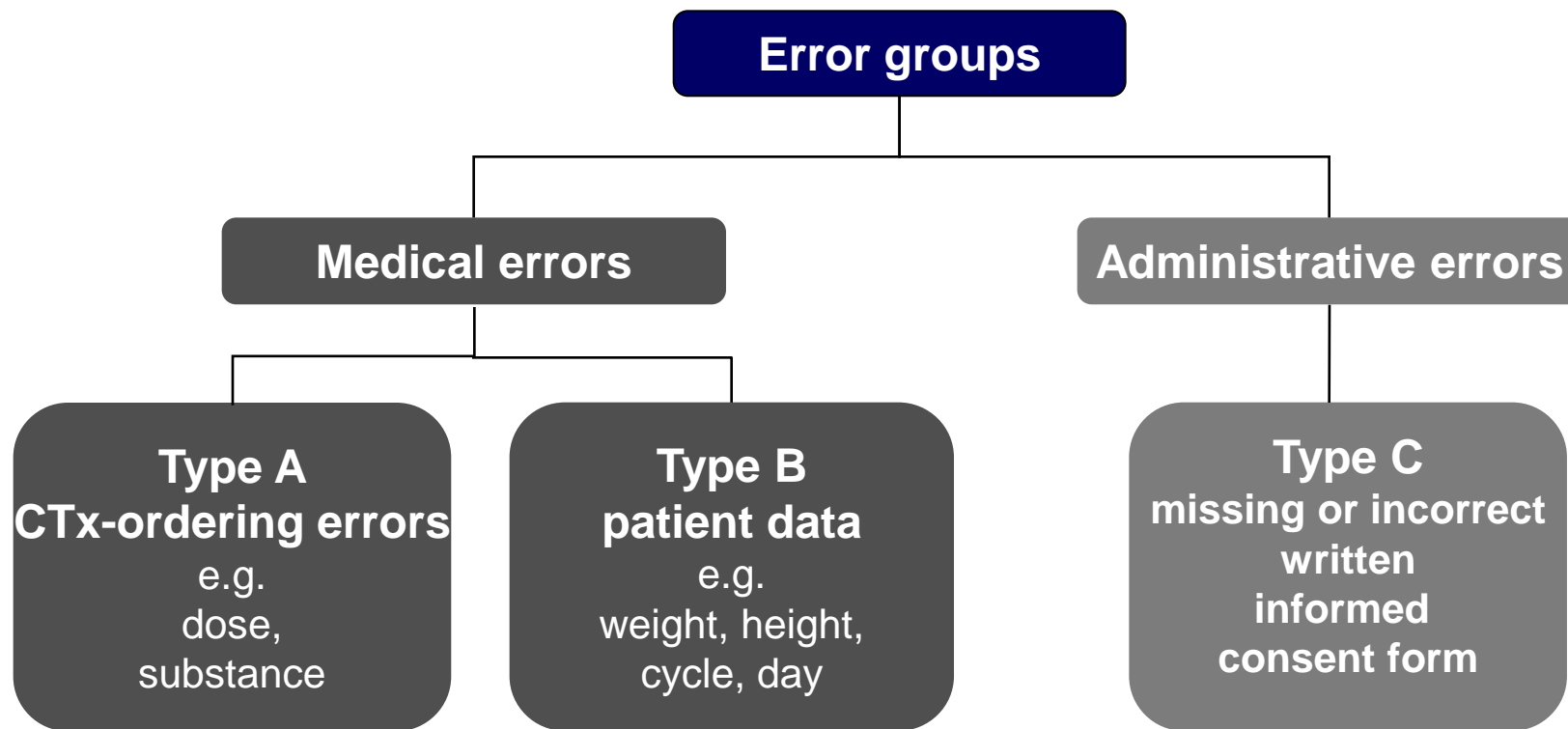


# CTx ordering/monitoring via Chemo-AS





# Error assessment on CTx-ordering

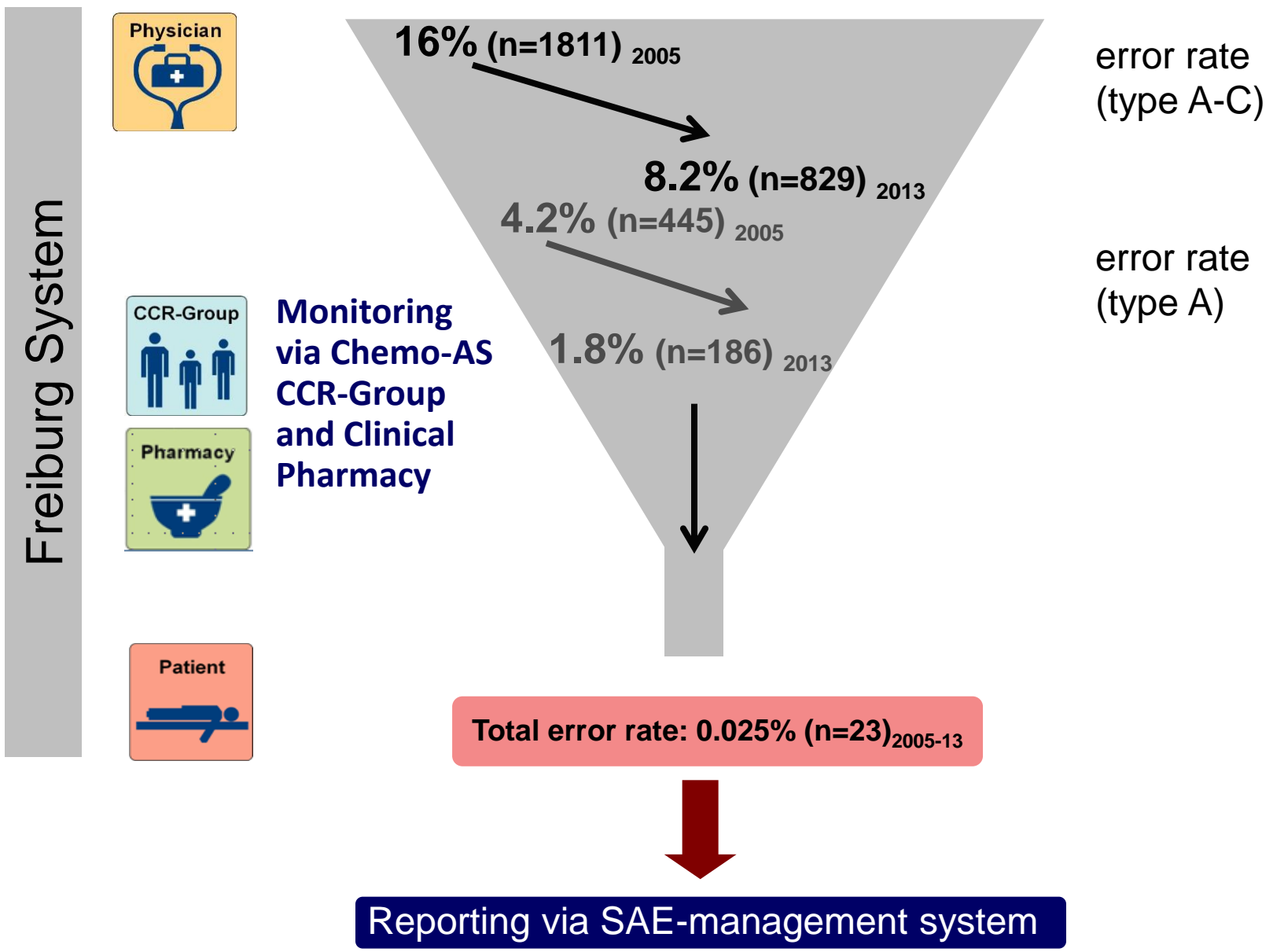


# Chemo-AS: Reduction of error rates (type A-C)

	2005	2006	2007	2008	2009	2010	2011	2012	2013
 # CTx-order	10885	11331	10674	11420	11429	8510	8956	8888	10155
Error free	9138 (84%)	9406 (83%)	8843 (82.8%)	10049 (88%)	10046 (87.9%)	7520 (88.4%)	8353 (93%)	8194 (92.2%)	9326 (91.8%)
<b>Total correction rate*</b>	<b>1811 (16.6%)</b>	<b>1978 (17.5%)</b>	<b>1691 (15.8%)</b>	<b>1429 (12.5%)</b>	<b>1406 (12.3%)</b>	<b>1076 (12.6%)</b>	<b>632 (7%)</b>	<b>763 (8.6%)</b>	<b>829 (8.2%)</b>
 Correction rate * Typ A: CTx	445 (4.2%)	409 (3.6%)	201 (1.9%)	222 (1.9%)	213 (1.9%)	112 (1.3%)	140 (1.6%)	128 (1.4%)	186 (1.8%)
Correction rate * Typ B: patient data	485 (4.5%)	507 (4.8%)	519 (4.9%)	537 (4.7%)	563 (4.9%)	746 (8.8%)	310 (3.5%)	323 (3.6%)	341 (3.4%)
Correction rate * Typ C: Ø IC	881 (8.1%)	1062 (9.4%)	971 (9.1%)	670 (5.9%)	630 (5.5%)	218 (2.6%)	182 (2.0%)	312 (3.5%)	302 (3.0%)

\* Correction rate by CCR-Group

## Effective CTx-error avoidance



# Summary on CTx-management Med 1/CCCF

- State-of-the-art tumor therapy according to international standards
- Highest safety of CTx ordering and CTx administration
- Major support and work simplification for physicians, nurses
  - and pharmacy staff
- User-friendly and long-term, well established application system
- Transparent documentation and information concerning CTx administration
- Transferable to other CTx applying units (gynecology + neurology/neurosurgery)



**Improved quality of CTx-treatment  
and  
maximum patient safety**



# Acknowledgement

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Prof. Dr. R. Wäsch

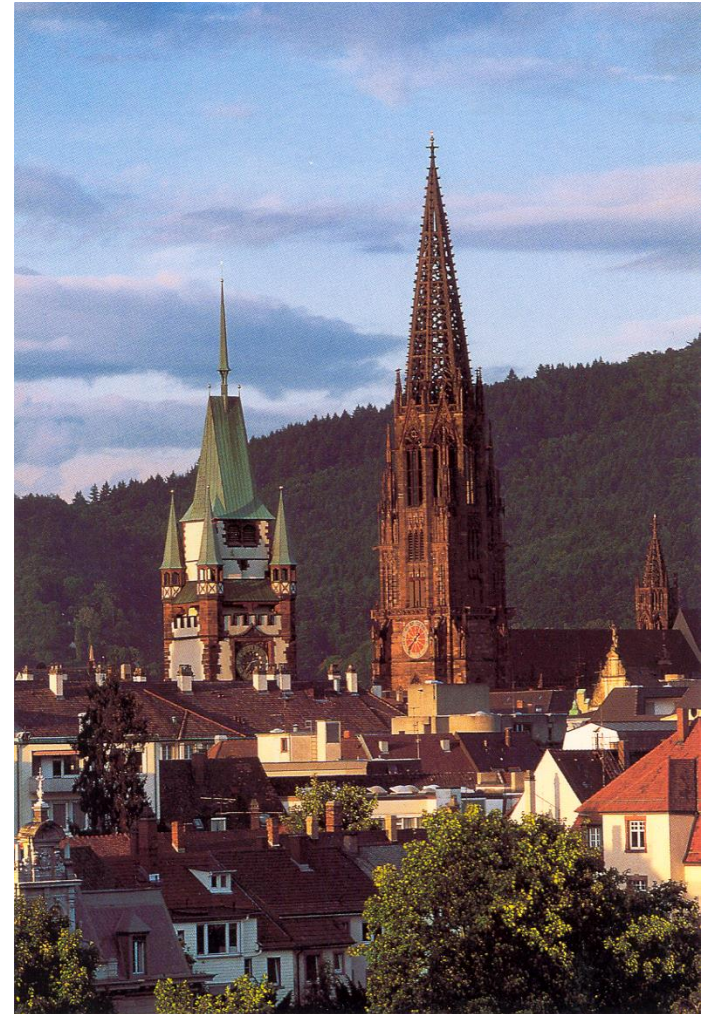
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Dr. M. Pantic

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M. Burbeck, D. Jakobs, I. Surlan, S. Hug

PD Dres. M. Hug, B. Lubrich, R. Trittler



CCCF



deutsche studiengruppe  
multiples myelom

**dsmm**  
doing studies on multiple myeloma

**EMN**  
Trialist Group